

Frequently Asked Questions

How long is the postdoc?

Typically, postdocs stay 2 years, but there is the possibility of a third year.

When does the postdoc begin and end?

Postdocs typically begin July 1 and end on June 30, but alternative start and end dates are possible.

How many postdocs are there?

Typically, there are 2 postdocs at UNC and 2 at Duke.

How much are postdocs paid?

Salaries are set by the NIH and are based on years of postdoctoral experience. The salary range for fiscal year 2017 is \$47,484 to \$58,560.

Do postdocs receive health insurance?

Health insurance is provided after the first month of employment.

Do postdocs get funds for conference travel?

Each postdoc gets \$1,200 per year for travel to professional meetings, and \$300 for books, office supplies, business cards, and software.

What jobs do postdocs get after the program?

Most postdocs take faculty positions at universities, while others go to research institutes or government agencies.

Do I have to have my doctoral degree completed before I can begin the postdoc?

Yes.

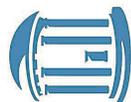
Can postdocs take classes?

Postdocs can audit or take courses for credit to expand their knowledge and skills in statistics, research methods, or proposal writing, among other areas.

How do I apply?

Go to the program website for application information: www.shepscenter.unc.edu/fellowships/nrsa-mental-health-postdoctoral

UNC
THE CECIL G. SHEPS CENTER
FOR HEALTH SERVICES RESEARCH



Duke Psychiatry & Behavioral Sciences
Duke University School of Medicine



Mental Health
and Substance
Abuse Services
and Systems
Fellowship

Mental Health and Substance Abuse Services and Systems Fellowship Program

A postdoctoral research fellowship program supported by a National Research Service Award (NRSA) from the National Institute of Mental Health (NIMH)



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL





Key Elements of the Program

The program is based on a partnership between the Cecil G. Sheps Center for Health Services Research at the University of North Carolina at Chapel Hill and the Department of Psychiatry and Behavioral Sciences at Duke University.

- **Mentoring Relationship:** Each post-doctoral fellow is matched with two affiliated faculty members. Postdocs may function as junior collaborators on mentor research projects, as well as developing independent projects with mentors' guidance.
- **Seminar Series:** Biweekly, scholars from various institutions present their latest research from different areas of mental health services. Also biweekly, during the fall semester, postdocs and graduate students meet to discuss readings on mental health services and policy.
- **Multidisciplinary Expertise:** Faculty affiliated with the program represent the disciplines of health economics, sociology, health policy and management, medicine, pharmacy, psychiatry, psychology, and social work.



Goals of the Program

The areas of focus of the training program are: (1) the organization, economics and financing, utilization, quality, and evaluation of mental health services; and (2) public policies related to access to mental health services.

Goals of the training program are to:

- develop investigators who can undertake policy-relevant mental health and substance abuse services and systems research
- provide research skills and experience to persons with a doctoral degree in a relevant field

History of the program

From its inception in 1990, the UNC/Duke training program has been committed to interdisciplinary training and a public sector orientation.

The NIH Ruth L. Kirschstein NRSA program was founded to help ensure that a diverse pool of highly trained scientists is available in appropriate scientific disciplines to address the nation's biomedical, behavioral, and clinical research needs.

Program Benefits

The fellowship program is intended to provide advanced, specialized training in the methods of mental health and substance abuse services research.

- Gain new methodological skills
- Expand knowledge in the content area
- Write journal articles and grant proposals
- Present at conferences
- Collect new data or analyze secondary data
- Attend workshops, seminars, presentations, and classes
- Network and collaborate with scholars
- Develop your identity as an independent scholar

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[www.shepscenter.unc.edu/
fellowships/nrsa-mental-health-
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